

**AFRICA**  
**Living with Christ**  
GROWING UP DAILY WITH THE GOOD NEWS

Weekly LWCA

**27<sup>th</sup> Week in O. T.**

bayard afrique

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#### **Liturgical texts:**

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**On our cover:** During Rosary month, Mary brings us closer to Jesus Christ, the Word of God.

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# New Editorial Direction !

**O**n January 23, 2014, Pope Francis called on Catholics to be “digital citizens”. ***“Living With Christ Africa”*** has been working for years mainly through printing to make available to a large number of African readers the riches of the Word of God.

We then wanted to announce to our dear readers a new editorial direction in order to also respond to the call of our bishops “to use communication technologies (...) to nourish our prayers and celebrations. This is a historical change, to bring the Word of God as far as possible. The present and future generations are and will be more and more in the digital space, where they act, beyond the borders, to access information.

Thus, effective October 2022, ***“Living With Christ Africa”*** will be committed to spreading the Word of God only through digital means. You are therefore invited to join us on our **Website : <https://www.livingwithchrist.africa>**, **Facebook: (Living with christ Africa)**, **TiKtoK (Living with Christ Africa)**, **Whatsapp: +2250594797568 / +254727074304**, **Youtube (Living with christ Africa)**. Together let us use digital means to read, listen and spread the Word of God ! The Lord be with You !



**Rev. Fr. François  
Nzanu, a.a.  
Nairobi-Kenya**

**Editorial October 2022**



# The Pope's Prayer Intention

***For a Church open to everyone:*** We pray for the Church; ever faithful to, and courageous in preaching the Gospel, may the Church be a community of solidarity, fraternity and welcome, always living in an atmosphere of synodality.

Other papal intentions and videos can be found on: <http://apostleshipofprayer.org/>



# **The Sacrament of the Eucharist**

**T**he sacrament of the Eucharist was instituted by Jesus Christ during the Last Supper. Before receiving the first Communion, the candidates must be well prepared so that they may be aware that the Eucharist is different from any other food. It is the body of Jesus Christ. He said: “He who eats my flesh and drinks my blood has eternal life, and I will raise him up on the last day (John 6,54).” Jesus Christ is truly present in the Eucharist. In the sacrament of the Eucharist, Jesus Christ offers himself as the bread of life and spiritual drink. The Eucharist is the sacrament of unity. Those who participate in it are invited to form one body in Christ. The conference of bishops in every country decides the age at which a baptized person can receive Holy Communion for the first time.

There are two ways of receiving holy Communion: on the tongue or in the hands. What matters is the awareness and the reverence with which the body of Christ must

be received. If one cannot kneel down while receiving the Communion, he or she is invited to make a gesture of reverence to welcome Jesus Christ. Some circumstances like the pandemic may oblige the conference of bishops of a given country and the local bishop to give practical indications that will help the faithful to avoid the spreading of the pandemic. For instance, communion on the tongue is forbidden these days because of the Covid-19.

Communion creates an intimate relationship between Christ and the faithful who receive it. In John's Gospel, Jesus Christ says: "He who eats my flesh and drinks my blood abides in me, and I in him." In the Catholic Church, any baptized person without mortal sin can receive Holy Communion. It is important to know that the Holy Communion is not given to children under the age of reasoning or to people who, through illness, do not have the ability to reason.

The minister of the sacrament of the Eucharist is the priest. He celebrates the Eucharist in the name of Jesus Christ. A deacon cannot celebrate the Eucharist because

he is not ordained to the priesthood. After receiving the Holy Eucharist, the Christian is invited to pray silently. Here is one of the prayers that one can do:

*My Jesus, I believe that You are present in the Most Blessed Sacrament.*

*I love You above all things,  
and I desire to receive You into my soul.  
Since I cannot now receive you sacramentally,  
come at least spiritually into my heart.  
I embrace You as if you were already there,  
and I unite myself wholly to You.  
Never permit me to be separated from You.*

(Saint Alphonsus Liguori)

The ordinary ministers of the distribution of the Holy Communion are the bishop, the priest, and the deacon. On some occasions, like during big celebrations, extraordinary ministers can distribute Holy Communion. The extraordinary ministers are the acolyte or any other faithful provided that they are allowed by the competent authorities.

***Rev. Fr. Jérôme K. M. Kombi,***  
*Rome-Italy*



# Sunday October 2

## 27<sup>th</sup> Sunday in Ordinary Time

*Habakkuk 1: 2-3 ; 2: 2-4 / Psalm (94) 95:1-2, 6-7ab. 7d-9 / 2 Timothy 1: 6-8, 13-14 / Luke 17: 5-10*



“We are unworthy servants; we have only done what was our duty.”



## *Increase our Faith, Lord!*

**D**ear sisters and brothers, today we are celebrating the 27th Sunday in ordinary time Year C, which in light of the readings we are going to mediate can be qualified as a Sunday of faith. Yet today's readings call us to be women and men of faith, in whatever situation we might be going through. In front of war, violence, and sufferings his people are facing, Habakkuk wonders why God is so silent. In response, God assures him that he will intervene at the right moment. What Habakkuk needs is to remain constant and firm in his faith if he wants to see the day of the Lord, that is the day of his people's deliverance. In the second reading, Paul urges Timothy to be the guardian of the faith he has received and been taught and to never let it be "stolen", whichever adversity and opposition he might face in his ministry. In the Gospel, the message is the same. Following Jesus's appeal to always forgive anytime a sister or a brother asks for forgiveness even seven times a day (Luke 17: 1-4), the disciples pray to the Lord: "Increase our faith." In response, Jesus implicitly understands their worry. At the same time, he assures them that they can make it, though a priori such forgiveness humanely speaking looks like a mountain that nobody can uproot! What they need is to have the faith of a servant who



**Sunday October 2**

never gets tired of serving his master. His life and priority consist in the perpetual service of his master. Likewise, if the apostles have such faith, they will not get tired of forgiving whoever needs their forgiveness.

Dear sisters and brothers, apostles of Jesus Christ in today's world, how many people around us, in our families or work, are facing for different reasons mountains of hatred, mountains of betrayal, mountains of persecutions, mountains of insults, mountains of despair, mountains of injustice, which constitute a real obstacle to forgive and to stand firm in the faith! Let us as Peter cry to Lord: "Increase our faith Lord" and transform us in your instruments thanks to which mountains who steal faith to many will be uprooted!

***Rev. Fr. Emmanuel Kahindo, Nairobi-Kenya.***



**Entrance Antiphon** (*Cf. Ester 4:17*)

**Within your will, O Lord, all things are established and there is none that can resist your will. For you have made all things, the heaven and the earth, and all that is held within the circle of heaven; you are the Lord of all.**

**Collect**

Almighty ever-living God, who in the abundance of your kindness surpass the merits and desires of those who entreat you, pour out your mercy upon us; to pardon what conscience dreads, and give what prayer does not dare to ask. Through our Lord... **Amen.**

***First Reading (Habakkuk 1:2-3; 2:2-4)*** —————

**A reading from the Book of the Prophet Habakkuk**

O Lord, how long shall I cry for help, and you will not hear? Or cry to you “Violence!” and you will not save? Why do you make me see wrongs and look upon trouble? Destruction and violence are before me; strife and contention arise. And the Lord answered me: “Write the vision; make it plain upon tablets, so he may run who reads it. For still, the vision awaits its time; it hastens to the end—it will not lie. If it seems slow, wait for it; it will surely come,





**Sunday October 2**

it will not delay. Behold, he whose soul is not upright in him shall fail, but the righteous shall live by his faith.”

The word of the Lord. **Thanks be to God.**

***Responsorial Psalm (Psalm <sup>(94)</sup> 95:1-2, 6-7ab. 7d-9)***



***℣.* O that today you would listen to his voice! Harden not your hearts.**

Come, let us ring out our joy to the Lord;  
hail the rock who saves us.  
Let us come into his presence, giving thanks;  
let us hail him with a song of praise. *℣.*

O come; let us bow and bend low.  
Let us kneel before the God who made us,



for he is our God and we  
the people who belong to his pasture,  
the flock that is led by his hand. R.

O that today you would listen to his voice!  
“Harden not your hearts as at Meribah,  
as on that day at Massah in the desert  
when your forebears put me to the test;  
when they tried me, though they saw my work.” R.

***Second Reading (2 Timothy 1:6-8. 13-14)*** \_\_\_\_\_

**A reading from the second Letter of Saint Paul to Timothy**

Beloved: I remind you to rekindle the gift of God that is within you through the laying on of my hands; for God did not give us a spirit of timidity but a spirit of power and love and self-control. Do not be ashamed then of testifying to our Lord, nor of me his prisoner, but take your share of suffering for the Gospel in the power of God. Follow the pattern of the sound words which you have heard from me, in the faith and love which are in Christ Jesus; guard the truth that has been entrusted to you by the Holy Spirit who dwells within us.

The word of the Lord. **Thanks be to God.**



Sunday October 2

**Acclamation** (*1 Peter 1:25*)

**Alleluia. Alleluia.** The word of the Lord abides for ever; that word is the good news which was preached to you. **Alleluia.**

**Gospel** (*Luke 17:5-10*)

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**A reading from the holy Gospel according to Luke**

At that time: The apostles said to the Lord, “Increase our faith!” And the Lord said, “If you had faith as a grain of mustard seed, you could say to this sycamore tree, ‘Be rooted up, and be planted in the sea,’ and it would obey you. “Will any one of you, who has a servant ploughing or keeping sheep, say to him when he has come in from the field, ‘Come at once and sit down at table’? Will he not rather say to him, ‘Prepare supper for me, and put on your apron and serve me, till I eat and drink; and afterward you shall eat and drink’? Does he thank the servant because he did what was commanded? So you also, when you have done all that is commanded you, say, ‘We are unworthy servants; we have only done what was our duty.’”

The Gospel of the Lord. **Praise to You, Lord Jesus Christ.**



## **Prayer of the Faithful**

*The following intentions are suggestions only.*

**R. Lord, hear our prayer !**

For our Church in its mission to further the reign of God in the world, we pray to the Lord: R.

For wisdom and selflessness in those committed to public service, we pray to the Lord: R.

For strength and comfort for all who are suffering physically, spiritually or emotionally, we pray to the Lord: R.

For our parish community, challenged to see the face of Christ in everyone, we pray to the Lord: R.

## **Prayer over the Offerings**

Accept, O Lord, we pray, the sacrifices instituted by your commands, and through the sacred mysteries, which we celebrate with dutiful service, graciously complete the



**Sunday** October 2

sanctifying work by which you are pleased to redeem us.  
Through Christ our Lord. **Amen.**

**Communion Antiphon** (*Lamentations 3:25*)

**The Lord is good to those who hope in him, to the soul that seeks him.**

*Or:*

*(Cf. I Corinthians. 10:17)*

**Though many, we are one bread, one body, for we all partake of the one Bread and one Chalice.**

**Prayer after Communion**

Grant us, almighty God, that we may be refreshed and nourished by the Sacrament which we have received, so as to be transformed into what we consume. Through Christ our Lord. **Amen.**



# Monday October 3

27<sup>th</sup> Week in Ordinary Time

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## Entrance Antiphon

(Cf. *Est* 4:17) **Within your will, O Lord, all things are established and it is none that can resist your will. For you have made all things, the heaven and the earth, and all that is held within the circle of heaven; you are the Lord of all.**

## Collect

Almighty ever-living God, who in the abundance of your kindness surpass the merits and desires of those who entreat you, pour out your mercy upon us: to pardon what conscience dreads and give what

prayer does not dare to ask. Through our Lord. **Amen.**

## Reading ————— (*Galatians* 1:6-12)

**A reading from the Letter of Saint Paul to the Galatians.**

Brethren: I am astonished that you are so quickly deserting him who called you in the grace of Christ and turning to a different gospel - not that there is another gospel, but there are some who trouble you and want to pervert the gospel of Christ. But even if we, or an angel from heaven, should preach

to you a gospel contrary to that which we preached to you, let him be accursed. As we have said before, so now I say again, if anyone is preaching to you a gospel contrary to that which you received, let him be accursed. Am I now seeking the favour of men, or of God? Or am I trying to please men? If I were still pleasing men, I should not be a servant of Christ. For I would have you know, brethren, that the gospel which was preached by me is not man's gospel. For I did not receive it from man, nor was I taught it, but it came through a revelation of Jesus Christ.

The word of the Lord.  
**Thanks be to God.**

***Responsorial Psalm —  
(Psalm <sup>(110)</sup> 111:1b-2.7-8.9  
and 10c)***

**R. The Lord keeps his  
covenant ever in mind.**

**Or: Alleluia.**

I will praise the Lord with all my heart, In the meeting of the just and the assembly. Great are the works of the Lord, to be pondered by all who delight in them. R

His handiwork is justice and truth; his precepts are all of them sure, standing firm forever and ever, wrought in uprightness and truth. R

He has sent redemption to his people, and established his covenant forever.

Holy his name, to be feared. His praise endures forever! R



**Acclamation** (*John 13:34*)

**Alleluia. Alleluia.** A new commandment I give to you, says the Lord, that you love one another, even as I have loved you. **Alleluia.**

**Gospel** —————  
(*Luke 10:25-37*)

**A reading from the holy Gospel according to Luke**

At that time: Behold, a lawyer stood up to put Jesus to the test, saying, “Teacher, what shall I do to inherit eternal life?” He said to him, “What is written in the law? What do you read there?” And he answered, “You shall love the Lord your God with all your heart, and with all your soul, and with all your strength, with all your mind; and your neighbour as yourself.” And he said to

him, “You have answered right; do this, and you will live” But he, desiring to justify himself, said to Jesus, “And who is my neighbour?” Jesus replied, “A man was going down from Jerusalem to Jericho, and he fell among robbers, who stripped him and beat him, and departed, leaving him half dead. Now by chance, a priest was going down that road; and when he saw him he passed by on the other side. So likewise, a Levite, when he came to the place and saw him, passed by on the other side. But a Samaritan as he journeyed, came to where he was; and when he saw him had compassion, and went to him and bound up his wounds, pouring on oil and wine; then he set him on his

own beast and brought him to an inn, and took care of him. And the next day, he took out two denarii and gave them to the innkeeper, saying, 'Take care of him; and whatever more you spend, I will repay you when I come back.' Which of these three, do you think, proved neighbour to the man who fell among the robbers?" He said, "The one who showed mercy on him." And Jesus said to him, "Go and do likewise."

The Gospel of the Lord.  
**Praise to you, Lord Jesus Christ.**

### **Prayer over the Offerings**

Accept, O Lord, we pray, the sacrifices instituted by your commands, and through

the sacred mysteries, which we celebrate with dutiful service, graciously complete the sanctifying work by which you are pleased to redeem us. Through Christ our Lord. **Amen.**

### **Communion Antiphon**

*(Lam 3: 25)* **The Lord is good to those who hope in him, to the soul that seeks him.**

*Or*

**Though many, we are one bread, one body: we who share, all of us, the one bread and one Chalice.**

### **Prayer after Communion**

Grant us, almighty God, that we may be refreshed and nourished by the sacrament which we

have revived, so as to be transformed into what we

consume. Through Christ our Lord. **Amen.**

## Good because Compassionate

## Commentary

**Galatians 1: 6-12 /  
Luke 10: 25-37**

Who is my neighbour? To answer this question, Jesus told them the story of the “Good Samaritan”. One might wonder why he is called “good”. The answer is given by the narrator: “He was moved by compassion “at the sight of a wounded victim”, unlike the Priest and the Levite, two experts in law and servants in the house of God. Yet, they were brothers of the victim, being men of his tribe, but they distanced themselves from him because of their knowledge acquired at school. On the contrary, the Samaritan, who was not of the same tribe, became a neighbour out of compassion and drew near to him. Here we have the true character of Jesus who, like his Father (Exodus 34:5-6), out of compassion became the best neighbour to men and women of every tribe, race, and status, even to the point of taking their yoke upon himself (Mathew 11:28). Fill us Lord with your compassion and we will be neighbour to one another.

***Rev. Fr. Emmanuel Kahindo, Nairobi-Kenya***



# Tuesday October 4

27<sup>th</sup> Week in Ordinary Time

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## Memorial

Saint Francis of Assisi

### Entrance Antiphon

Francis, the man of God,  
left his home behind,  
abandoned his inheritance  
and became poor  
and penniless, but the  
Lord raised him up.

### Collect

O God, by whose gift Saint Francis was conformed to Christ in poverty and humility, grant that by walking in Francis' footsteps we may follow your Son, and through joyful charity come to be

united with you. Through Christ our Lord. **Amen.**

### Reading ————— (Galatians 1:13-24)

**A reading from the Letter of Saint Paul to the Galatians**

Brethren: You have heard of my former life in Judaism, how I persecuted the Church of God violently and tried to destroy it; and I advanced in Judaism beyond many of my own age among my people,

so extremely zealous was I for the traditions of my fathers. But when he who had set me apart before I was born, and had called me through his grace, was pleased to reveal his Son to me, in order that I might preach him among the Gentiles, I did not confer with flesh and blood, nor did I go up to Jerusalem to those who were apostles before me, but I went away into Arabia; and again, I returned to Damascus. Then after three years I went up to Jerusalem to visit Cephas, and remained with him fifteen days. But I saw none of the other apostles except James the Lord's brother. (In what I am writing to you, before God, I do not lie!) Then I went into the regions of Syria and Cilicia. And I was still not known by sight to the churches of Christ

in Judea; they only heard it said, "He who once persecuted us is now preaching the faith he once tried to destroy." And they glorified God because of me.

The word of the Lord. **Thanks be to God.**

**Responsorial Psalm —**  
(Psalm <sup>(138)</sup> 139:1-3.13-14.15)

**R. Lead me, Lord, in the way everlasting.**

O Lord, you search me and you know me. You yourself know my resting and my rising; you discern my thoughts from afar. You mark when I walk or lie down; you know all my ways through and through. R.

For it was you who formed my inmost being, knit me together in my mother's womb. I thank you who wonderfully made me; how wonderful are your works, which my soul knows well! R.

My frame was not hidden from you, when I was being fashioned in secret and moulded in the depths of the earth. R.

**Acclamation** (Luke 11:28)

**Alleluia. Alleluia.** Blessed are those who hear the word of God and keep it. **Alleluia.**

**Gospel** —————  
(Luke 10:38-42)

**A reading from the holy Gospel according to Luke**

At that time: Jesus entered a village; and a woman named Martha received him into her house. And she had a sister called Mary who sat at the Lord's feet and listened to his teaching. But Martha was distracted with much serving; and she went to him and said, "Lord, do you not care that my sister has left me to serve alone? Tell her then to help me." But the Lord answered her, "Martha, Martha, you

are anxious and troubled about many things; one thing is needful. Mary has chosen the good portion, which shall not be taken away from her.”

The Gospel of the Lord.  
**Praise to you, Lord Jesus Christ.**

### **Prayer over the Offerings**

As we bring you these offerings, O Lord, we pray that we may be rightly disposed for the

celebration, of the mystery of the Cross, which Saint Francis so ardently embraced. Through Christ our Lord. **Amen.**

### **Communion Antiphon**

*(Matthew 5:3)* **Blessed are the poor in spirit, for theirs is the kingdom of heaven.**

### **Prayer after Communion**

Grant us, we pray, O Lord, through these holy gifts which we have received,



that, imitating the charity and apostolic zeal of Saint Francis, we may experience the effects of your love and

spread them everywhere for the salvation of all. Through Christ our Lord. **Amen.**

## **They Glorified God because of Me**

## **Commentary**

**Galatians 1: 13-24;  
Luke 10-42**

Since Yesterday we have started to read Saint Paul's letter to Galatians. Paul's concern consists among others in convincing that though he did not see, eat and touch Jesus Christ he was chosen, called, and sent by him to preach the Gospel to the nations. As living proof, Paul refers to the apostles themselves, who had heard how Paul, a persecutor of theirs, had been converted to Christ and was preaching the Gospel, glorifying God. Much as the words and deeds of Jesus Christ brought joy to a woman, as we heard in today's Gospel (see also Mark 2:12), the apostles and later the Gentiles glorified God because of Paul's life.

***Rev. Fr. Emmanuel Kahindo, Nairobi-Kenya***



# Wednesday October 5

27<sup>th</sup> Week in Ordinary Time

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## Entrance Antiphon

*(Esther 4:17)* **Within your will, O Lord, all things are established and there is none that can resist your will. For you have made all things, the heaven and the earth, and all that is held within the circle of heaven; you are the Lord of all.**

## Collect

Almighty ever-living God, who in the abundance of your kindness surpass the merits and the desires of those who entreat you, pour out your mercy upon us: to pardon what conscience dreads, and to give what

prayer does not dare to ask. Through Christ our Lord. **Amen.**

## Reading ————— *(Galatians 2:1-2.7-14)*

**A reading from the Letter of Saint Paul to the Galatians**

Brethren: After fourteen years I went up again to Jerusalem with Barnabas, taking Titus along with me. I went up by revelation; and I laid before them (but privately before those who were of repute) the gospel which I preach among the Gentiles, lest somehow, I should be

running or had run in vain. But on the contrary when they saw that I had been entrusted with the gospel to the uncircumcised, just as Peter had been entrusted with the gospel to the circumcised (for he who worked through Peter for the mission to the circumcised worked through me also for the Gentiles), and when they perceived the grace that was given to me, James and Cephas and John, who were reputed to be pillars, gave to me and Barnabas the right hand of fellowship, that we should go to the Gentiles and they to the circumcised; only they would have us remember the poor, which very thing I was eager to do. But when Cephas came

to Antioch, I opposed him to his face, because he stood condemned. For before certain men came from James, he ate with the Gentiles; but when they came, he drew back and separated himself, fearing the circumcision party. And with him the rest of the Jews acted insincerely, so that even Barnabas was carried away by their insincerity. But when I saw that they were not straightforward about the truth of the gospel, I said to Cephas before them all, "If you, though a Jew, live like a Gentile and not like a Jew, how can you compel the Gentiles to live like Jews?"

The word of the Lord.  
**Thanks be to God.**



**Responsorial Psalm** —  
(*Psalm* <sup>(116)</sup> 117:1.2)

**R.** Go into all the world,  
and preach the Gospel.

**or: Alleluia.**

O praise the Lord, all  
you nations; acclaim him,  
all you peoples! **R.**

For his merciful love  
has prevailed over us;  
and the Lord's faithful-  
ness endures forever. **R.**

**Acclamation**  
(*Romans* 8:15bc)

**Alleluia. Alleluia.** You  
have received the spirit  
of sonship; in him we cry,  
"Abba! Father!" **Alleluia.**

**Gospel** —  
(*Luke* 11:1-4)

**A reading from the holy  
Gospel according to Luke**

Jesus was praying in a  
certain place, and when he  
ceased, one of his disciples  
said to him, "Lord, teach us  
to pray, as John taught his  
disciples." And he said to  
them, "When you pray, say:  
"Father, hallowed be thy  
name. Thy kingdom comes.  
Give us each day our daily  
bread; and forgive us our  
sins, for we ourselves  
forgive everyone who is  
indebted to us; and lead us  
not into temptation."

The Gospel of the Lord.  
**Praise to you, Lord Jesus  
Christ.**

### **Prayer over the Offerings**

Accept, O Lord, we pray, the sacrifices instituted by your commands, and through the sacred mysteries, which we celebrate with dutiful service, graciously complete the sanctifying work by which you are pleased to redeem us. Through Christ our Lord. **Amen.**

### **Communion Antiphon**

*(Lamentations 3: 25)* **The Lord is good to those who hope in him, to the soul that seeks him.**

### **Prayer after Communion**

Grant us, almighty God, that we may be refreshed and nourished by the



Sacrament which we have received, so as to be transformed into what we

consume. Through Christ our Lord. **Amen.**

## **Our Father will not Let Us down**

## **Commentary**

**Galatians 2: 1-2, 7-14**

In today's passage, Paul disapproves of Peter's behaviour, which denotes a lack of freedom and truth. As we heard yesterday, the apostles glorified God because of Paul's apostolate among the gentiles. Peter himself experienced it. Thus, he shared with them a meal, most probably the Eucharist. By acting so, not only did he declare them pure (Acts 10:28; 11:8-10) but also received them as full members of Jesus Christ's body (1 Corinthians 10: 17), though they were not living according to Jewish practices. But when the Jews arrived, Peter suddenly changed his attitude and could no longer live freely nor interact with the gentiles because he was afraid of the Jews. My Dear ones, how often do we sacrifice the truth because we are afraid of being insulted, rejected, killed, etc. Yet, in Jesus Christ, God our Father has made us free. Let us trade our fears for strength and courage. As a Father, he will not let us down.

***Rev. Fr. Emmanuel Kahindo, Nairobi-Kenya***



# Thursday October 6

27<sup>th</sup> Week in Ordinary Time

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## **Ferial**

or **Saint Bruno, priest**

### **Entrance Antiphon**

*(Esther 4:17)* **Within your will, O Lord, all things are established and there is none that can resist your will. For you have made all things, the heaven and the earth, and all that is held within the circle of heaven; you are the Lord of all.**

### **Collect**

O God, who called Saint Bruno to serve you in solitude, grant, through his intercession, that amid the changes of this world, we

may constantly have eyes for you alone. Through Christ our Lord. **Amen.**

### **Reading** ————— *(Galatians 3:1-5)*

**A reading from the Letter of Saint Paul to the Galatians.**

O foolish Galatians! Who has bewitched you, before whose eyes as Christ was publicly portrayed as crucified? Let me ask you only this: Did you receive the Spirit by works of the



law, or by hearing with faith? Are you so foolish? Having begun with the spirit, are you now ending with the flesh? Did you experience so many things in vain? – if it really is in vain. Does he who supplies the Spirit to you and works miracles among you do so by works of the law, or by hearing with faith?

The word of the Lord.  
**Thanks be to God.**

***Responsorial Psalm —  
(Luke 1:69-70.71-72.73-75)***

**R. Blessed be the Lord God of Israel, or he has visited his people.**

He has raised up a horn of salvation for us in the

house of his servant David, as he spoke by the mouth of his holy prophets from of old. **R.**

That we should be saved from our enemies, and from the hand of all who hate us; to perform the mercy promised to our fathers, and to remember his holy covenant. **R.**

The oath which he swore to our father Abraham, to grant us that we, being delivered from the hand of our enemies, might serve him without fear, in holiness and righteousness before him all the days of our life. **R.**

***Acclamation  
(Acts 16:14b)***

**Alleluia. Alleluia.** Open our hearts, O Lord, that

we may give heed to the Words of your Son.  
**Alleluia.**

***Gospel*** —————  
***(Luke 11:5-13)***

**A reading from the holy Gospel according to Luke**

At that time: Jesus said to his disciples, “Which of you who has a friend will go to him at midnight and say to him, ‘Friend lend me three loaves; for a friend of mine has arrived on a journey, and I have nothing to set before him’; and he will answer from within, ‘Do not bother me; the door is now shut, and my children are with me in bed; I cannot get up and give you anything’? I tell though he will not get up and give him

anything because he is his friend, yet because of his importunity he will rise and give whatever he needs. And I tell you, Ask, and it will be given you; seek, and you will find; knock, and it will be opened to you. For every one who asks receives, and he who seeks finds, and to him who knocks it will be opened. What father among you, if his son asks for a fish, will instead of a fish give him a serpent or if he asks for an egg, will give him a scorpion? If you then, who are evil, know how to give good gifts to your children, how much more the heavenly Father give the Holy Spirit to those who ask him!

The Gospel of the Lord.  
**Praise to you, Lord Jesus Christ.**

**Prayer over the Offerings**

Accept, O Lord, we pray, the sacrifices instituted by your commands, and through the sacred mysteries, which we celebrate with dutiful service, graciously complete the sanctifying work by which you are

pleased to redeem us.  
Through Christ our Lord.  
**Amen.**

**Communion Antiphon**

*(Lamentations 3: 25)* **The Lord is good to those who hope in him, to the soul that seeks him.**

**Prayer after Communion**

Grant us, almighty God, that we may be refreshed

and nourished by the Sacrament which we have received, so as to be transformed into what we consume. Through Christ our Lord. **Amen.**

**Ask and You will  
Receive... but what  
Do We Ask?**

**Commentary**

**Galatians 3: 1-5 /  
Luke 1: 5-13**

Many Christians have told me that they have given up praying because they have not been answered. And I always asked what did they ask God? I am sure some of us would respond in kind if asked the same question. In light of today's gospel, which comes right after the "Father's prayer", we might admit that we rarely ask for what the Father wants from us. We pray for health, a good marriage, success in our work, ministry, or studies, the end of the war, etc. But we do forget what we should first ask for, the gift of the Holy Spirit. As Jesus said, he is our counsellor who knows what we need (John 14: 26), the one with whom we cry Abba, Father (Romans 8: 14-15), who helps us to continue living as baptized and free (see the first reading). Yet, if we ask for it, the Father will surely grant it and give us the rest, as he did for Solomon: he asked for wisdom and he got all the rest.

***Rev. Fr. Emmanuel Kahindo, Nairobi-Kenya***



# Friday October 7

27<sup>th</sup> Week in Ordinary Time

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## Memorial

Our Lady of the Rosary

### Entrance Antiphon

*(Luke 1:28.42)* **Hail Mary, full of grace, the Lord is with you. Blessed are you among women and blessed is the fruit of your womb.**

### Collect

Pour forth, we beseech you, O Lord, your grace into our hearts, that we, to whom the Incarnation of Christ your Son was made known by the message of an Angel, may, through the intercession of the Blessed Virgin Mary, by his Passion and Cross be

brought to the glory of his Resurrection. Who lives and reigns with you. **Amen.**

### Reading ————— *(Galatians 3:7-14)*

**A reading from the Letter of Saint Paul to the Galatians**

Brethren: You see that it is men of faith who are the sons of Abraham. And the Scripture, foreseeing that God would justify the Gentiles by faith, preached the gospel beforehand to Abraham saying, "In you

shall all the nations be blessed.” So then those who are men of faith are blessed with Abraham who had faith. For all who rely on works of the law are under a curse; for it is written, “Cursed be everyone who does not abide by all things written in the book of the law, and do them.” Now it is evident that no man is justified before God by the law; for “He who through faith is righteous shall live”; but the law does not rest on faith, for “He who does them shall live by them.” Christ redeemed us from the Curse of the law, having become a curse for us - for it is written “Cursed be everyone who hangs on a tree” – that in Christ Jesus the blessing of Abraham might come upon the Gentiles, that we might

receive the promise of the Spirit through faith.  
The word of the Lord.  
**Thanks be to God.**

***Responsorial Psalm —  
(Psalm <sup>(110)</sup> 111:1b.2.3-4.5-6)***

**R. He keeps his covenant  
ever in mind**

**Or: Alleluia**

I will praise the Lord with all my heart, in the meeting of the just and the assembly. Great are the works of the Lord, to be pondered by all who delight in them. R.

Majestic and glorious his work; his justice stands firm forever. He has given us a memorial of his won-

ders. The Lord is gracious and merciful. *R.*

He gives food to those who fear him; keeps his covenant ever in mind. His mighty works he has shown to his people by giving them the heritage of nations. *R.*

### **Acclamation**

*(John 12:31b-32)*

**Alleluia. Alleluia.** Now shall the ruler of this world be cast out, says the Lord; and I, when I am lifted up from the earth, will draw all men to myself. **Alleluia.**

### **Gospel**

*(Luke 11:15-26)*

**A reading from the holy Gospel according to Luke**

At that time: [When Jesus had cast out a demon,] some

of the people said, “He casts out demons by Beelzebul, the prince of demons”; while others, to test him, sought from him a sign from heaven. But he, knowing their thoughts, said to them, “Every kingdom divided against itself is laid waste, and house fall upon house. And if Satan also is divided against himself, how will his kingdom stand? For you say that I cast out demons by Beelzebul. And if I cast out demons by Beelzebul, by whom do your sons cast them out? Therefore, they shall be your judges. But if it is by the finger of God that I cast out demons, then the kingdom of God has come upon you. When a strong man, fully armed, guards his own palace, his goods are in peace; but when one

stronger than he assails him and overcomes him, he takes away his armour in which he trusted, and divides his spoil. He who is not with me is against me, and he who does not gather with me scatters. "When the unclean spirit has gone out of a man, passes through waterless places seeking rest; and finding none he says, 'I will return to my house from which I came.' And when he comes, he finds it swept put in order. Then he goes and brings seven other spirits more than himself, and they enter and dwell there; and the last state at man becomes worse than the first."

The Gospel of the Lord.  
**Praise to you, Lord Jesus Christ.**

### **Prayer over the Offerings**

Grant, we pray, O Lord, that we may be rightly conformed to these offerings we bring, and so honour the mysteries of your Only Begotten Son, as to be made worthy of his promises. Who lives and reigns for ever and ever. **Amen.**

### **Communion Antiphon**

*(Luke 1:31)* **Behold, you will conceive in your womb and bear a son, and you shall name Jesus.**

### **Prayer after Communion**

We pray, O Lord our God, that just as we proclaim in this Sacrament the Death and resurrection of your Son, so, being made partakers in his suffering,



may we also merit a share in his consolation and his glory. Who lives and reigns for ever and ever. **Amen.**

## Without Faith, We Cannot See the Finger of God

## Commentary

Galatians 3: 7-14

In today's Gospel, Jesus gets angry against his "opponents". They are witnesses to the way God works in Jesus' life. But because he does not belong to their party or group, they decide not to see the finger of God in his actions. Instead, they attribute any good he performs to the devil, hoping to destroy his reputation. The opponents' critics reflect their lack of faith. Only the one who believes can see the finger of God in the life of the one we appreciate most or not. It is this very faith that shows that we are saved and that we have become sons and daughters of God, members of his family, to use the words of the first reading. It is this faith that allowed Pius V to institute the feast of Our Lady of the Rosary, to which he attributes the victory of the Christians over the Turkish army in 1570. Without faith, we cannot see the finger of God acting and be men of unity in our different missions.

**Rev. Fr. Emmanuel Kahindo, Nairobi-Kenya**



# Saturday October 8

27<sup>th</sup> Week in Ordinary Time

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## Entrance Antiphon

(Cf. *Est* 4:17) **Within your will, O Lord, all things are established and it is none that can resist your will. For you have made all the things, the heaven and the earth, and all that is held within the circle heaven; you are the Lord of all.**

## Collect

Almighty ever-living God, who in the abundance of your kindness surpass the merits and the desires of those who entreat you, pour out your mercy upon us: to pardon what conscience dreads, and to give what prayer does not dare

to ask. Through our Lord. Amen.

## Reading

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**(Galatians 3:22-29)**

**A reading from the Letter of Saint Paul to the Galatians**

Brethren: The Scripture consigned all things to sin, that what was promised to faith in Jesus Christ might be given to those who believe. Now before faith came, we were confined under the law, kept under restraint until faith should be revealed. So that the law was our custodian until Christ came, that we might

be justified by faith. But now that faith has come, we are no longer under a custodian; for in Christ Jesus, you are all sons of God, through faith. For as many of you as were baptized into Christ have put on Christ. There is neither Jew nor Greek, there is neither slave nor free, there is neither male nor female; for you are all one in Christ Jesus. And if you are Christ's, then you are Abraham offspring heirs according to promise. The word of the Lord. **Thanks be to God.**

***Responsorial Psalm—***  
***(Psalm (104) 105:2-3;4-5;6-7)***  
 R. **The Lord remembers his covenant forever.**  
**Or: Alleluia.**

O sing to him, sing his praise; tell all his wonderful works! Glory in his holy name; let the hearts that seek the LORD rejoice. R.

Turn to the Lord and his strength; constantly seek his face Remember the wonders he has done, His marvels and his words of judgement. R.

O children of Abraham, his servant O descendants of the Jacob he chose, he, the Lord, is our God; His judgements are in all the earth. R.

***Acclamation (Luke 11:28)***

**Alleluia. Alleluia.** Blessed are those who hear the

word of God, and keep it.  
**Alleluia.**

***Gospel*** —————  
***(Luke 11:27-28)***

**A reading from the holy  
Gospel according to Luke**

At that time: As Jesus was speaking, a woman in the crowd raised her voice and said to him “Blessed is the womb that bore you and the breasts that you sucked!” But he said, “Blessed rather are those who hear the word of God and keep it!”

The Gospel of the Lord.

**Praise to you, Lord Jesus Christ.**

**Prayer over the Offerings**

Accept, O Lord, we pray, the sacrifices instituted by your

commands, and through the sacred mysteries, which we celebrate with dutiful service, graciously complete the sanctifying work which you are pleased to redeem us. Through Christ our Lord.  
**Amen.**

**Communion Antiphon**

*(Lamentations 3:25)* **The Lord is good to those who hope in him, to the soul that seeks him.**

*Or*

**Though many, we are one bread, one body: we who share, all of us, the one bread and one Chalice.**

**Prayer after Communion**

Grant us, almighty God, that we may be refreshed and

nourished by the sacrament which we have revived, so as to be transformed into what we consume. Through Christ our Lord. **Amen.**

## **We Are all Children of God... There Is neither Slave nor Boss**

## **Commentary**


































**Galatians 3: 22-29**

Dear sisters and brothers, we conclude our week with what I can call a “Copernican Revolution” regarding our relationships. If before the coming of Jesus Christ, a man was valued according to his sex, age, culture, tradition, status, origin, or reaches, in Jesus Christ what makes us precious is our faith in him as the son of God and our obedience to his Word. Through his son, every one of us has become daughters and sons of God, lives by the same Spirit we have received on the day of our baptism: for all of you who are baptized... there is neither your tribe nor his tribe, neither a house girl nor a boss, neither a child nor an adult, neither a black nor a white, we are all one in Jesus Christ. We are now sisters and brothers. This is such a challenge and reminder for each of us, who are often kind to others based on their origin, group, status, gender, or range!

***Rev. Fr. Emmanuel Kahindo, Nairobi-Kenya***

# OCTOBER 2022 (Year C)

**Specific for Nigeria: Friday October 1st is celebrated as Solemnity (Our Lady Queen of Nigeria, principal patron) using Is 11:1-10 / Ps (71) 72:1-2,7-8,12-13,17 / Ep 2:13-22 / Mt 2:13-15,19-23**

Sat	1	 <b>Memorial</b> Saint Therese of Lisieux, virgin and doctor Jb 42:1-3, 5-6, 12-17/ Ps (118) 119: 66,71, 75, 91, 125, 130/ Lk 10:17-24
Sun	2	<b>Twenty-Seventh Sunday in Ordinary Time</b> Hb 1:2-3; 2: 2-4/ Ps (94) 95:1-2, 6-7abc, 7b-9 / 2 Tm 1:6-8, 13-14/ Lk 17:5-10
Mon	3	 <b>Ferial</b> Gal 1:6-12/ Ps (110) 111:1b-2,7-8, 9 and 10c/ Lk 10:25-37
Tue	4	 <b>Memorial</b> Saint Francis of Assisi Gal 1:13-24/ Ps (139) 139:1-3, 13-14,15/ Lk 10:38-42
Wed	5	 <b>Ferial</b> Gal 2:1-2, 7-14/ Ps (116) 117:1, 2/Lk 11:1-4
Thur	6	 <b>Ferial</b> or  Saint Bruno, priest Gal 3:1-5/ Lk 1:69-70, 71-72, 73-75/Lk 11:5-13
Fri	7	 <b>Memorial</b> Our Lady of the Rosary Gal 3:7-14/ Ps (110) 111:1b-2, 3-4, 5-6/Lk 11:15-26
Sat	8	 <b>Ferial</b> Gal 3:22-29/ Ps (104) 105:2-3, 4-5, 6-7/Lk 11:27-28
Sun	9	<b>Twenty-Eighth Sunday in Ordinary Time</b> 2 Kgs 5:14-17/ Ps (97) 98:1, 2-3ab, 3cd-4 / 2 Tm 2:8-13/ Lk 17:11-19
Mon	10	 <b>Ferial</b> Gal 4:22-24, 26-27, 31-5:1/ Ps (112) 113:1b-2, 3-4, 5a and 6-7/ Lk 11:29-32
Tue	11	 <b>Ferial</b> or  Saint John XXIII, pope Gal 5:1-6/ Ps (118) 119:41, 43, 44, 45, 47, 48/ Lk 11:37-41
Wed	12	 <b>Ferial</b> Gal 5:18-25/ Ps 1:1-2, 3, 4 and 6/Lk 11:42-46
Thur	13	 <b>Ferial</b> Eph 1:1-10/ Ps (97) 98:1,2-3ab, 3cd-4, 5-6/ Lk 11:47-54
Fri	14	 <b>Ferial</b> or  Saint Callistus I, pope and martyr Eph 1:11-14/ Ps (32) 33:1-2,4-5,12-13/Lk 12:1-7
Sat	15	 <b>Memorial</b> Saint Teresa of Jesus, virgin and doctor of the Church Eph 1:15-23/ Ps 8:2-3ab, 4-5, 6-7/ Lk 12:8-12
Sun	16	<b>Twenty-Ninth Sunday in Ordinary Time</b> Ex 17:8-13/ Ps (120) 121:1-2, 3-4, 5-6, 7-8 / 2 Tm 3:14- 4: 2/ Lk 18:1-8
Mon	17	 <b>Memorial</b> Saint Ignatius of Antioch, bishop and martyr Eph 2:1-10/ Ps (99) 100:1-2, 3, 4,5/Lk 12:13-21
Tue	18	 <b>Feast</b> Saint Luke, evangelist 2 Tm 4:10-17ab / Ps (144) 145:10-11,12-13ab, 17-18 / Lk 10:1-9
Wed	19	 <b>Ferial</b> or  Saints John de Brébeuf and Isaac Jogues, priests, and Companions, martyrs or  Saint Paul of the Cross, priest Eph 3:2-12/ Is 12: 2-3,4bcd, 5-6/ Lk 12:39-48
Thur	20	 <b>Ferial</b> or  Blessed Daudi Okelo and Jiido Irwa, martyrs Eph 3:14-21/ Ps (32) 33:1-2,4-5,11-12, 18-19/ Lk 12:49-53
Fri	21	 <b>Ferial</b> Eph 4:1-6/ Ps (23) 24:1-2, 3-4ab, 5-6/Lk 12:54-59
Sat	22	 <b>Ferial</b> or  Saint John Paul II, pope Eph 4:7-16/ Ps (121) 122:1-2, 3-4ab, 4cd-5/Lk 13:1-9
Sun	23	<b>Thirtieth Sunday in Ordinary Time</b> Sir 35:12-14, 16-18/ Ps (33) 34:2-3, 17-18, 19, 23 (7a)/ 2 Tm 4:6-8, 16-18/ Lk 18:9-14
Mon	24	 <b>Ferial</b> Eph 4:32-5: 8/ Ps 1:1-2, 3, 4 and 6/Lk 13:10-17
Tue	25	 <b>Ferial</b> Eph 5:21-33/ Ps (127) 128:1-2, 3, 4-5/Lk 13:18-21
Wed	26	 <b>Ferial</b> Eph 6:1-9/ Ps (144) 145:10-11,12-13ab, 13cd-14/ Lk 13:22-30
Thur	27	 <b>Ferial</b> Eph 6:10-20/ Ps (143) 144:1b, 2, 9-10/Lk 13:31-35
Fri	28	 <b>Feast</b> Saints Simon and Jude, apostles Eph 2:19-22 / Ps (18) 19:1-2,3-4ab/Lk 6:12-19
Sat	29	 <b>Ferial</b> Phil 1:18b-26/ Ps (41) 42:2, 3, 5cdef/Lk 14:1,7-11
Sun	30	<b>Thirty-First Sunday in Ordinary Time</b> Wis 11:22-12: 2/ Ps (144) 145:1-2, 8-9, 10-11, 13, 14 / 2 Thes 1:11-2: 2/ Lk 19:1-10
Sat	31	 <b>Ferial</b> Phil 2:1-4/ Ps (130) 131:1,2,3/Lk 14:12-14

**LEGEND:**    Liturgical colours  
**Bold:** Solemnity, Feast or Sunday

Roman: Memorial  
*Italic:* Optional Memorial



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